

All Party Parliamentary Group - Indian Traditional Sciences
in partnership with High Commission of India and The Nehru Centre
Celebrating UN Int'l Yoga Day 2018 and NHS @ 70

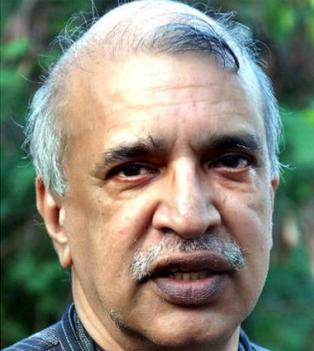
Monday 18th June 2018 | 10am to 4:30pm

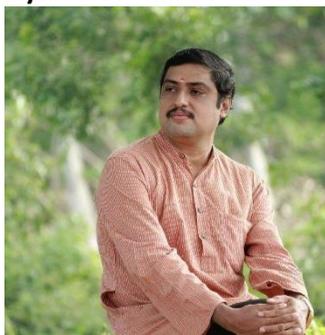
The Nehru Centre | 8 S. Audley Street | Mayfair | London | W1K 1HF



1/5	10am	<p>Srinivas Gotru is the Director of The Nehru Centre and Minister in-charge of Media & Cultural relations at the High Commission of India. He is a career diplomat who has served in China, USA, Vietnam and now the UK, apart from other assignments at the Ministry of External Affairs in New Delhi.</p>	<p>Welcome</p>  <p>Srinivas Gotru</p>	 <p>Amarjeet S Bhamra</p>	<p>Amarjeet S Bhamra manages the All Party Parliamentary Group – Indian Traditional Sciences. It is the original parliamentary group that promotes and facilitates informed discussions on Yoga, Ayurveda, Sangeetam, Unani, Vastu and Jyotish since its inception in 2014, by providing a forum for cross-party parliamentarians, policy makers, academics, practitioners, leading community and thought leaders, practitioners of Indian Sciences and other stakeholders.</p>
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2/5	10:05	<p>1. UN Int'l Yoga Day 2018 and Confluence on Preventative Medicines in the NHS</p>		<p>Chair: Prof Praveen Anand</p>
		<p>Praveen Anand is Professor of Clinical Neurology and Head, Centre for Clinical Translation, at Hammersmith Hospital, Imperial College London. His medical education was at the Universities of Oxford and Cambridge. His research focuses on molecular mechanisms in chronic pain conditions. In collaboration with pharmaceutical companies and clinical colleagues, he has guided the recent success of 3 novel drugs from the laboratory to clinical trials for chronic pain, and one for chronic itch. He has published over 200 peer-reviewed articles in journals including Nature, Nature Medicine, Nature Genetics, Science and The Lancet.</p>		

3/10	10:10	<p>Invocation</p> <p>Sri M is a modern yogi who works tirelessly to rejuvenate the spirit of hope, love, peace and harmony. He calls himself M for Mankind. He combines in his person the harmony of faiths: a Hindu yogi who was named Madhukarnath by his guru, he was born into a Kerala Muslim family and secretly left home at the age of 19 in search of a Master in the distant Himalayas. He found his guru after a gruelling search. His candid autobiography, apprenticed to a Himalayan Master, charts his remarkable journey. He travels across the globe addressing diverse groups and has re-created his Walk of Hope in places such as Berlin and Birmingham. His epic Walk of Hope in India (2015) covered 7,500 miles over 16 months.</p> <p>The science of yoga begins to work on the physical body, then the mental and emotional levels, leading to more subtle levels of existence, soul and spirit. It also gives us the method to cope with stress. Earlier, yogic techniques were kept secret but now are being made available to us.</p> <p>Sri M reminds us to enlarge our vision, to have empathy, and tap into our compassion. He says, “We must try to heal and restore nations, to create an entity fit enough to be bequeathed to future generations.”</p>	<p>YOGA: The Dynamic Science of Living</p>  <p>Sri M</p>
4/20	10:20	<p>Prof Shankar is a Vice Chancellor at Institute of Trans Disciplinary Health Sciences and Technology, Trans-Disciplinary University (TDU), Bangalore, India. He also a managing Trustee, of Foundation for Revitalisation of Local Health Traditions (FRLHT) and has led many other prestigious organisations. As an advisor, to Health Division, Planning Commission Government of India, he worked on AYUSH 5-year plans.</p> <p>His contributions were on conceptualisation and development of strategic research and outreach programs for demonstrating contemporary relevance of Indian medical heritage. He also served as a consultant to the office of Advisor to Prime Minister on Technology mission, he made valuable inputs to National Technology of India to create 5-year plans for Health. His work also involved to create strategies to revitalise community health practices based on traditional knowledge and studies on decentralisation, developing programs for applications of Science & Technology. His research carrier also involved working with United Nations University, UNICEF and international universities. As a recognition to his contributions to the field he received many prestigious awards like Commonwealth Youth Service Award given for designing and implementing the best educational project in the Commonwealth for linking University education to community needs. In 1998, ‘Norman Borlaug’ Award for contributions to promoting conservation of wild populations of medicinal plants, In 2003, the Columbia University’s Centre for Complementary & Alternative Medicines International Award, in recognition of FRLHT’s outstanding contributions to revitalization of traditional systems of health-care in India. In 2011, India Govt conferred its civilian award Padma Shri to Prof Shankar</p>	<p>Listening to Voices from the ground – A pathway to transform healthcare in 21st Century</p>  <p>Padma Shri Prof Darshan Shankar</p>

5/10	10:40	<p>Dr Gopakumar is on his first visit to London representing Somatheeram Ayurveda Group from Kerala, in India who are a foremost resort group in the world for authentic Ayurvedic treatments, Yoga and Meditation where he is a visiting professor. He is also an Associate Professor, Government Ayurveda College, Thiruvananthapuram, in Kerala.</p> <ul style="list-style-type: none"> • BAMS Gold medallist • Double MD in Ayurveda. 1.Kayachikitsa (General Medicine), 2. Roganidana (Pathology) • Best Ayurveda teacher Award by Govt of Kerala 2014 • Best Ayurveda teacher Award by Dept of AYUSH, Govt of India in 2016 • Acharya Award by Central council of Indian medicine in 2017 • Published more than 10 books in Ayurveda • Winner of cultural awards for poetry 	<p>Ayurveda Clinical Research</p>  <p>Dr Sreekantan Gopakumar</p>
6/15	10:50	<p>Dr Naga Venkatesh Jayanthi graduated from the prestigious Bangalore Medical College & Research Institute and undertook research at Oxford University. He is a Consultant Surgeon and Cancer Lead at Essex Upper GI, Regional centre for Oesophago-gastric surgery. He is also an Honorary Senior Lecturer at the Queen Mary University London.</p> <p>Dr Jayanthi is a strong advocate of key hole surgery. He was awarded the prestigious David Dunn Travelling Scholarship by Association of Laparoscopic Surgeons of Great Britain & Ireland. He is a faculty of key hole surgery courses at The Royal College of Surgeons and is an invited speaker at various national and international conferences.</p> <p>Dr Jayanthi pioneers in using advanced technology including 3D laparoscopy and robotic surgery. He performed UK's first robotic oesophagectomy (for cancer) and first oesophagectomy using 3D technology. He is one of the few surgeons in the country to perform this surgery via keyholes. Dr Jayanthi has described a unique technique of fully hand-sewn anastomosis which has been presented at both national and international meetings and published in peer review journals.</p> <p>Apart from cancer surgery, Dr Jayanthi specialises in gall stones, hernias, heart burn, endoscopic treatment of early cancer / pre-cancerous conditions and weight loss surgery. Dr Jayanthi has travelled to Zambia as a part of charity to train doctors in that country in key hole surgery and is the treasurer of the charity Out to Africa.</p>	<p>'East meets West - A Surgeon's Perspective'</p>  <p>Dr Venkatesh G Jayanthi MB BS, MRCS Ed, MD, FRCS</p>

7/10	11:05	<p>The founder of 'Health Being Institute' which aims to promote a healthy and harmonious way of being. She is Consultant in Palliative Medicine at Woking Hospice and the Palliative Care Lead for the College of Medicine.</p> <p>With her scientific knowledge of Nutritional and Hippocratic Medicine, further training in Ayurveda and her own spiritual search, Eleni brings together modern science and ancient wisdom.</p>	<p>Social Prescription</p>  <p>Dr Eleni Tsiompanou</p>
8/10	11:15	Q+A	Prof Praveen Anand
9/15	11:30	Break	

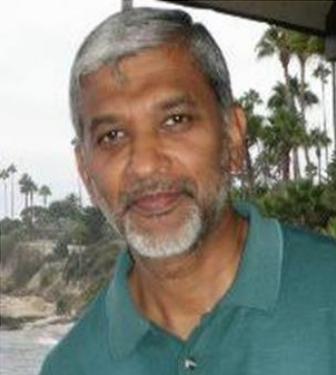
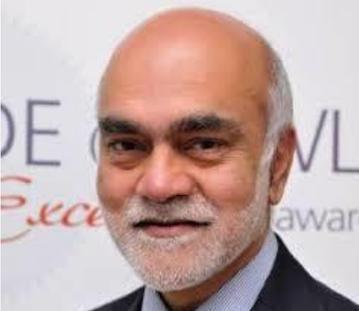


1/5	11:30	2. Health Literacy	2 Chair: Prof John Porter
		<p>John Is a Professor of International Health, Faculties of Infectious and Tropical Diseases and Public Health and Policy and Honorary Consultant in Public Health, Public Health England (PHE). He is also a Visiting Professor, Umea Centre for Global Health Research, Umea University, Sweden. He is currently the Chair of the London School of Hygiene and Tropical Medicine (LSHTM) Research Ethics Committees.</p> <p>As a public health researcher his focuses on health systems, policy and ethics. With a background in medicine, epidemiology and infectious disease control he works with interdisciplinary themes and groups. His interest in health systems and policy is focussed around ethics, governance and health with a perspective that includes the role of tribal health and traditional practice in understanding the meaning of health and health care. He works in India with the Public Health Foundation of India (PHFI) and with NGOs that include the Society for Health Awareness and Action (SOCHARA) and LEPR.</p>	 <p>London School of Hygiene & Tropical Medicine</p>
2/15	10:35	<p>A PhD recipient in Ayurveda, currently teaching and practicing in UK and Europe. He was principal for postgraduate education and training in India during 1997-2000 at Rajiv Gandhi University of Health Sciences in Bangalore.</p> <p>Later deputed to University of Kelaniya in Sri Lanka as an academic consultant to run post-graduation courses at Gampaha Vickramarachi Ayurveda College in Yakkala. Vaidya Joshi travels extensively in Europe visiting faculties to various Ayurveda schools in India.</p> <p>He has been honoured by the APPG Indian Traditional Sciences with the prestigious Ayurveda Ratan Award and is an honorary advisor to the Secretariat - APPG Indian Traditional Sciences</p>	<p>Science behind Science</p>  <p>Vaidya Venkata N Joshi</p>

3/10	11:50	<p>Dr Natalie Tobert is a Medical Anthropologist, Education Director of Aethos Training. She specialises in social inclusion education, facilitating participatory workshops on spiritual and cultural awareness, for front line staff at hospitals, medical schools, and universities. She conducted original fieldwork research in Sudan, India, and in UK with the NHS and Kings Fund.</p> <p>She facilitated mental health promotion events with African and Asian minority ethnic groups in London. Her book "Spiritual Psychiatries" is based on research in India with Psychiatrists, Priests and Patients. Research in a Karnataka village was published as "Anegondi: Architectural Ethnography of a Royal Village". Her most recent book is "Cultural Perspectives on Mental Wellbeing".</p>	<p>Dilemmas in Understanding Mental Wellbeing</p>  <p>Dr Natalie Tobert</p>
4/10	12:00	<p>Dr Subodh is a Urologist with a special interest in Robotics and minimal invasive surgery. He has also completed a fellowship in Prostate Brachytherapy for prostate cancer from The Royal Surrey Hospital, Guilford. He received his undergraduate medical degree from BJ Medical College, Pune and undertook his postgraduate training in General Surgery from the same institute and qualified as a General Surgeon. He joined Jahangir Apollo Hospital and research centre as a lecturer, ultimately joining the B J Medical College as assistant professor. Within a short time after his arrival in UK, he undertook his MRCS qualification and became a member of the Royal College of Surgeons UK. Subodh received extensive training in General Surgery and Urology within the NHS from some of the prestigious and well-known institutes with Urology as career destination. He also undertook a second MRCS from the Royal College of Physicians and Surgeons. Dr Kamble travelled to Australia where he received his training from The Alfred in Melbourne. The Alfred is a major tertiary referral teaching hospital and the largest trauma centre in the southern hemisphere. He travelled to France to undertake his training in minimal Invasive Surgery and received a post graduate Diploma in Minimal Invasive Surgery from the University of Strasburg. He attained further postgraduate qualification ChM in Urology from The Royal College of Surgeons and The University of Edinburgh. In order to enhance his skills further he undertook further post graduate Diploma in Urological Robotics and minimal invasive surgery from University of Strasbourg, France. Subodh completed his postgraduate degree course MCh in Urological Robotics and minimal invasive surgery from The Anglia Ruskin University, Cambridge, UK.</p>	<p>Healing touch: A confluence of Allopathy, Yoga and Ayurveda</p>  <p>Dr Subodh Kamble</p>

5/10	12:10	<p>An internationally acclaimed ayurvedic physician and researcher. He is the director of Ayuwave London, UK and is a visiting professor at the centre for public health, Trans Disciplinary University, Bangalore. Dr. Murthy is a visiting academic, Faculty of Medicine, University of Southampton and a research fellow at the Australian Centre for Complementary and Integrative Medicine, University of Technology Sydney, Australia. His diverse medical education and clinical background spanning across India, New Zealand, Australia and England since his first set of medical qualifications in 1995 has shaped his practice. After nine years of training in Ayurveda alongside medical sciences at medical teaching hospitals from Bangalore University, Vijay worked in private practice, hospitals, communities and herbal manufacturing, later becoming academic and research leader at a leading natural therapies college in New Zealand. His Masters in public health from the University of Auckland and PhD in Australia on women’s use of complementary and alternative medicine combined with continuous clinical practice has fine-tuned Vijay’s methods of public health service. At present, Dr. Murthy lives and practices as the Director of Ayuwave, in London, UK. His healing methodology is quickly attracting a wide range of health seekers and patients including notable celebrities, dignitaries and members of the British Royal family. Recently, he has begun a cutting-edge Radio Show, namely Unlock your Health where he presents a wide range of current health topics and interviews world-class scientists, medical professionals, complimentary health experts, healers, and environmentalists.</p>	<p>The role of integrating Yoga in supporting children with Autism</p>  <p>Dr Vijayendra Murthy MS, PhD</p>
6/10	12:20	<p>Suzanne Newcombe is a Lecturer in Religious Studies at the Open University (UK) and a Research Fellow at Inform, based at King's College London where she researches modern yoga from a sociological and social historical perspective. Since July 2015, she has also been part of the research team on a 5-year project funded by the European Research Council (Horizon 2020) entitled ‘Medicine, Immortality and Moksha: Entangled Histories of Yoga, Ayurveda and Alchemy in South Asia.’</p>	<p>1923 Usman Report on Indigenous Medicine</p>  <p>Suzanne Newcombe</p>

7/5	12:30	<p>As we know the first law of thermodynamics, that energy can neither be created nor destroyed, merely converted. Under the umbrella of Indian Traditional Sciences, Jyotish - Astrology is the study of energies that affect the subtle matter of the MIND and BODY. Yoga on the other hand help use those energies in very effective way.</p> <p>Prevention through prediction, by understanding the effect of these energies on our behaviour, actions and reactions can be extremely useful in living our daily life in a very efficient way. I was once told that, having your birth chart read is like studying the weather for a forecast, if you're told its going to rain, you can be prepared by carrying an umbrella to protect yourself. In a similar way, if the energy magnets in the body you're born with, indicate a certain type of disturbed functioning, then A) astrology will help you pin point that and B) yoga will help you rectify that. So here we have tools to firstly understand what works for us and what need to be worked on, and secondly then having a mechanism and tool to rectify it. How wonderful it is that in our ancient sciences we have the ability to beautifully understand these energies through astrology and then convert and direct it the corrective way through yoga.</p>	<p>Astrology, Yoga & YOU</p>  <p>Khushboo Mehta-Parekh</p>
8/5	12:35	<p>How Ayurveda and Yoga can teach us to look at the whole picture over the sum of its parts</p> <p>Selina is in her fourth year of studying Ayurvedic medicine at the College of Ayurveda. She has been exploring the world of traditional Indian and Eastern philosophy for the last 15 years, with teachers across Europe, India and the USA, and is passionate about developing ways of sharing this much-needed ancient wisdom with the west.</p>	 <p>Selina Van Orden</p>
9/15	12:40	Q+A	Prof John Porter
10/60	1pm	Lunch+NHS@70 Cake+Networking	

1/5	2pm	3. Prevention in Action	Chair: Prof Madan Thangavelu
		<p>Madan Thangavelu is a Genome Biologist. Following a PhD in Molecular Genetics from the University of Cambridge, his recent academic affiliations have included Research Fellowships at the Department of Oncology, University of Cambridge, Medical Research Council Cancer Cell Unit, Cambridge and Leverhulme Research Fellow, Medical Research Council Laboratory of Molecular Biology, Cambridge.</p> <ul style="list-style-type: none"> • Member of the <i>Mind-Matter Unification Project</i> of the <u>Theory of Condensed Matter Group</u> at the <u>Cavendish Laboratory, Cambridge</u>, Directed by Professor Brian Josephson • Board Member and Research Director, European Ayurveda Association (http://www.euroayurveda.eu/euaa/executives/) • International Advisory Board Member of AYU: International Quarterly Journal of Research in Ayurveda, Jamnagar, India (http://www.ayujournal.org/editorialboard.asp), • International Editorial Advisory Board Member AyuCaRe - Journal of Ayurveda Case Reports, All India Institute of Ayurveda, New Delhi, India - http://www.aiia.co.in/. • Former Trustee of the Research Council for Complementary Medicine (UK). • Honorary Adjunct Professor at the TransDisciplinary University, Bangalore, India (tdu.edu.in/), Centre for Functional Genomics+Bio-informatics www.tdu.edu.in/genomics) • Honorary Advisor to the Secretariat - APPG Indian Traditional Sciences 	
2/10	2:05	<p>Dr C Bernard Colaço is an experienced Rheumatologist with a strong research base in the immunopathology of Rheumatic Diseases. He conducted and published the initial studies in Anti-Phospholipid antibodies at Hammersmith Hospital and Middlesex Hospital in the early 1980's leading to a massive interest in international research in SLE and APLS, with all the basic principles covered in his pivotal studies. He has also undertaken family studies in the immunogenetics of Rheumatoid disease. He has championed patient involvement in care throughout his career and established a Patient Led Self Help Group in 1998, which is leading in Patient Public Participation and Collaborative Research. He has undertaken Patient led surveys and audits and is promoting Yoga Therapy as a means to reduce medication and medical intervention at a local health service level, with plans for RCT trials in yoga for low back pain. He is also the Academic Patron for the Krishnamacharya Healing & Yoga Foundation.</p>	<p>Mind+Body Intervention in Bechets Patients</p>  <p>Dr Bernard Colaco</p>

3/15	2:15	<ul style="list-style-type: none"> • Over ten years' experience as a yoga teacher/yoga therapist. • Developed unique clinical leadership skills as well as an empathetic communicative style which is highly patient-focused. • Road mapped Shared Care Yoga-Therapy from strategic planning to roll out within six months. • Outcome: First in the UK, Shared Care Yoga-Therapy pilot study for persons with Rheumatoid Arthritis funded by the LNWH trust in collaboration with University of Westminster. • Elected the Profession Specific Board member (Yoga Therapy) for the Complementary and Natural Healthcare Council providing expert advice on issues such as the development of CNHC policies related to Yoga Therapy; clinical governance and setting standards as required by the professional standards authority for yoga therapy. • Undertake First in UK graduate training for Imperial Medical students (3yr). 	<p>Yoga Therapy – Indian Traditional Sciences as applied in the Healthcare</p>  <p>Vidhi Sodhi</p>
4/15	2:30	<p>Ignite the hidden force of yoga from within.</p> <p>Dr. Lakshmi Vyas, Student of Shri B.K.S. Iyengar Yoga since 1983 is the president of Hindu Forum of Europe.</p> <p>She is an Educationist cum Academician and served as Principal of Elphinstone College in Mumbai one of the most reputed institutions in India and currently works as Internal and External Quality Assurer.</p> <p>Dr Vyas one of the first woman to have worked on Noise Pollution and subsequently awarded a doctorate on Noise Pollution in Mumbai. She is the Chair of Education and Census - Hindu Forum of Britain, Member of Religious Education Council, UK, C) SACRE (Standing Advisory Committee for Religious Education for Royal Borough of Greenwich, Executive member of UKWOMEN Network. Dr Vyas is widely travelled and has authored three books and more than 30 research publication in journals of International repute.</p>	<p>Yoga in Action</p>  <p>Dr Lakshmi Vyas</p>

5/15	2:45	<p>Dr Nitasha Buldeo is an Integrated Health Practitioner, Human Performance Scientist, creator of I-Yoga: Interoceptive Yoga® and Founder and chief innovator of Organic Apoteke. She is a holistic physician incorporating medical physiology with a variety of allied therapeutic modalities. Nitasha's goal is not to only relieve symptoms but to optimise human performance. She researches the neuroscience underlying interoception (the ability to know what's going on inside your body) and has developed Interoceptive Yoga© to improve this ability.</p> <p>Nitasha is director of the Centre for Exceptional Human Performance in the United Kingdom and has published various research papers and books. Her latest book The Body Heals Itself was number 1 in its category. Her next book EHP: Exceptional Human Performance is out in November 2018.</p>	<p>The Science of Yoga - Autonomic Regulation</p>  <p>Dr Nitasha Buldeo</p>
6/15	3.00	<p><u>Richard</u> - Having trained as a hospital manager and worked at a London teaching hospital for eight years, ne made a major career change in 1984 and began teaching Transcendental Meditation in central London, founding with others, the Victoria TM Centre. In 1990, he moved to the headquarters of Maharishi Foundation UK at Mentmore Towers, Buckinghamshire and acted as assistant to the directors of the charity, then becoming the National Director for England in 2007 and an executive director of Maharishi AyurVeda Products since 1998. He led the team which planned, designed and then built a landmark development of 57 houses and apartments in Rendlesham, Suffolk. This is a specialist estate built according to the ancient principles of Maharishi Vastu and incorporating many ecological features. He lives in one of the Rendlesham houses with his wife Sue, who is a Maharishi AyurVeda Consultant.</p> <p><u>Sheila</u> - Having learnt Transcendental Meditation 50 years ago and become a teacher of the technique in 1972, Sheila Chalmers is a highly experienced teacher who spent 20 years working closely with Maharishi, structuring advanced courses for his global TM organisation. She has taught courses in Transcendental Meditation in many countries worldwide including India, Thailand, The Philippines, Canada, Holland and the UK, and led international training courses to train Teachers of the TM technique. She has helped to develop and teach a course in Maharishi Yoga Asanas which features Maharishi's unique contribution to the study of Asanas as a complementary adjunct to Transcendental Meditation.</p>	<p>Maharishi Yoga</p>  <p>Richard Johnson</p>  <p>Sheila Chalmers</p>

7/15	3:15	<p>Joanne Avison is an advanced Yoga Practitioner and Certified Yoga Therapist, Directing the Yoga Teacher Training School (AOCY), teaching a 500-hour course in the Art of Contemporary Yoga & the Science of Body Architecture. Joanne is acclaimed author of the semi-academic book: <i>YOGA, Fascia, Anatomy and Movement</i>, published by <i>Handspring Publishing</i> in 2015. Her dedication over recent years in the field of Fascia and Biotensegrity has led to her becoming a renowned presenter in these fields, pioneering, with her esteemed colleagues, the New Science of Body Architecture. Besides yoga, Joanne also runs a private practice as a Professional Structural Integrator, teaching and treating in this manual therapy, to augment the benefits of yoga. As such her work is dedicated to uniting the practical fields of both Yoga Fitness and Yoga Therapy, through sharing her profound understanding of how the living body moves, breaths and self-motivates as an architectural whole, rather than as separate anatomical parts. Her famous statement “the body doesn’t know itself as separate pieces bolted together; it’s language is writ large in its tissues; in joined-up writing”. Joanne’s work is dedicated to evolving from the classical Western anatomy into an understanding of 21st Century living body architecture that echoes many of the teachings of the ancient Vedic Sages and makes sense of our multi-dimensional movement, awareness and consciousness as living humans being.</p>	<p>Architecture of Breath</p>  <p>Joanne Avison</p>
8/15	3:30	<p>Using Data based evidence to increase adoption of Traditional Medicines</p> <p>Carlos heads investments and partnerships at Pangaea Data Limited which is headquartered in London and supported by teams from Munich, Stanford University and Imperial College. Carlos has 15 years’ experience working as a financial analyst and consultant in the biotechnology and medical technology industry.</p> <p>He is the Director of Clubb Capital Ltd in London, raising venture capital and providing business development assistance to start-up and early-stage companies. He is also a Non-Executive Director at Antikor Biopharma and SkyLab Bio.</p> <p>Carlos is a Chartered fellow of the Royal Society of Chemistry and of the Chartered Institute of Securities and Investments (CISI).</p>	 <p>Dr. Carlos Pittol</p>

9/20	3:45	<p>Prof. Kinra is a Clinical Epidemiologist with education and work experience in Paediatrics, Epidemiology and Public Health Medicine. He works mainly in India (Public Health Foundation of India) and the UK, dividing his time between the two. He has emerging collaborations in Brazil (Bahia University) and USA (Duke and Stanford Universities), where he is a Visiting Faculty. He is also Honorary Consultant in Paediatric Obesity at the University College London Hospital, where he helps very overweight children and adolescents to manage their weight and live healthier lives.</p> <p>His research is focussed on finding innovative low-cost and sustainable solutions to help individuals (education and behaviour change interventions) and communities (local environmental change through community mobilisation) to prevent and/or better manage nutrition and lifestyle related diseases such as obesity, diabetes and heart disease.</p> <p>In addition to his academic and clinical responsibilities, he holds a number of leadership positions, notably:</p> <ul style="list-style-type: none"> a) Director of the Andhra Pradesh Children and Parents Study, which is a large community-based household cohort study in rural India that seeks to understand the biological and societal determinants of chronic diseases in urbanizing India and develop innovative solutions to address them (http://apcaps.lshtm.ac.uk/). b) Member of the Drugs and Technologies Appraisals Committee of NICE (UK's National Institute for Health and Care Excellence; http://www.nice.org.uk/). c) Scientific Director of the PHFI (Public Health Foundation of India)-UK Universities Consortium Program funded by the Wellcome Trust to build research capacity at PHFI (http://wtp-india-ukc.com/). d) Director of the Research Degrees Program for LSHTM's Department of Non-Communicable Disease Epidemiology. 	<p>Yoga and Heart Health/ Cardiac Rehabilitation</p>  <p>Professor Sanjay Kinra MBBS MD MRCP MSc PhD FFPH</p>
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10/10	4:05	Q+A	Prof Madan Thangavelu
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11	4:15	Vote of Thanks & End	Amarjeet S Bhamra
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